



# YOUTH SPORTS GUIDELINES

## GENERAL HEALTH

1. Wear face coverings over nose and mouth
2. Maintain social distance of at least 6-ft.
3. Frequent hand washing

## HR AND TRAVEL POLICIES

1. Employees shall not report to, or be allowed to remain at, work if sick or symptomatic

## HEALTH MONITORING

1. Employers should make temperature checks available and post information about COVID-19 symptoms to allow employees to self-assess whether they have any symptoms and should consider leaving
2. Have a wellness screening program for conducting in-person screening upon arrival as well as a mid-shift screening for employee shifts greater than 5 hours
3. If employee reports having any COVID-19 related symptoms, they should remain isolated at home for a minimum of 10 days after symptom onset AND until feverless and feeling well (without fever-reducing medication) for at least 72 hours OR confirmed to not have COVID-19 via 2 negative COVID-19 tests in a row, with testing done at least 24 hours apart
4. If an employee is identified as being COVID-19 positive by testing, CDC cleaning and disinfecting should be performed
5. Any employee who has had close contact with a person who is diagnosed with COVID-19 should quarantine for 14 days

## PHYSICAL WORKSPACE

1. Display signage at entry with face covering requirements, social distancing guidelines, cleaning protocols, and any reduced capacity limit, in multiple languages as needed
2. Non-competitive activities (e.g. practices, drills, lessons) should be set up to allow for 6-ft. of distancing between participants or install impermeable barriers between employee workstations
3. Configure locker rooms and showers with signage, etc. to ensure 6-ft. of social distancing
4. Designate an area for spectators with existing seating capped at 20% of capacity with visual markers for seating 6-ft. apart
5. Concessions should follow Restaurant and Bar guidelines

## DISINFECTING/CLEANING PROCEDURES

1. Cleaning and disinfecting of premises should be conducted in compliance with CDC protocols on weekly basis
2. Frequently clean and disinfect common areas (e.g., restrooms, cafeterias) and surfaces which are touched by multiple people (e.g., entry/exit doorknobs, stair railings)
3. For outdoor activities, make hand sanitizer or hand washing stations available to participants

4. Minimize sharing of high-touch equipment; if equipment is shared, sanitize before and after use
5. Sanitization of locker rooms and showers should be completed at the beginning and end of practice/ games at minimum
6. Sanitize individual recreation stations before and after participant use

## STAFFING AND ATTENDANCE

1. For indoor facilities, maximum occupancy of 50% of facility capacity
2. Limit group sizes to 50 total participants, coaches, and referees (excludes spectators)
3. During practice and competitive games, multiple groups of 50 or fewer participants permitted at one time as long as facilities allow for social distancing of participants, employees and spectators; 30-ft of distancing is maintained between groups/ opposing teams on the sidelines; and areas for each group are clearly marked
4. Design a plan to allow for social distancing within the workplace and if needed, designate employee(s) to monitor capacity limits and social distancing
5. Limit occupancy of common areas to allow for social distancing
6. No mixing of employees or participants between groups and no new participants for the duration of the season is encouraged

## EXTERNAL INTERACTIONS

1. Before allowing external supplier or non-customer visitor to enter, ask whether the individual is currently exhibiting COVID-19 symptoms
2. Suppliers and other visitors should wear face coverings
3. Spectators should wear face coverings over their nose and mouth at all times except when eating, drinking, or when outside and able to maintain a safe social distance
4. Keep log of all external suppliers who enter premises

## CUSTOMER BEHAVIORS

1. Wear face coverings over nose and mouth whenever not exercising
2. By appointment only (e.g., limit walk-ins, limit pick-up games)
3. Before allowing participation, instructors should ask whether participant is currently exhibiting COVID-19 symptoms
4. Maintain attendance log of participants
5. Participants should wash hands with soap and water or use hand sanitizer before participating, bring their own source of water, sanitize hands regularly, avoid touching facility accessories, use their own equipment, and place personal belongings at least 6-ft. away from others' personal belongings
6. No handshakes